

2025 – 2026

ANNUAL REPORT

Osborne Village Resource Centre Manitoba Inc.



Osborne Village

RESOURCE CENTRE

1-107 Osborne Street
Winnipeg, MB R3L 1Y4
<http://www.ovrc.ca>

2026 Sponsor:



October 21, 2026

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OVRC Mission Statement

The Osborne Village Resource Centre (OVRC) supports individuals as they navigate employment and career transitions within a changing labour market. As a community-based resource, we provide practical guidance, skill-building, and personalized support in a welcoming and inclusive environment. We work alongside people as they build confidence, better understand their strengths, and explore opportunities that align with their goals and circumstances, recognizing that each person's path is unique.

We Believe

- Empowerment begins with self-awareness and strategic career planning, equipping individuals to confidently navigate both current and future labor market opportunities.
- Clients experience true empowerment when they take ownership of their job search journey and actively participate in shaping their career path.
- Confidence grows when individuals gain clarity about who they are, recognize their value in the workplace, and identify the types of work that bring them purpose and fulfillment.
- Understanding and effectively communicating one's unique skills, strengths, and attributes is essential to achieving career success.
- Meaningful employment is most effectively achieved through a diverse range of job search activities and targeted strategies tailored to each individual's goals and circumstances.
- Aligning a client's skills, values, interests, personality, and abilities with career planning increases the likelihood of securing fulfilling, sustainable employment while enhancing quality of life.

Our Team

Executive Director:	Keith Robinson
Employment Facilitators:	Brian Yasui, Betty Punkert, Lisa Elmhurst
Career and Employment Coaches:	Kateryna Bova, Jhocelin Gilbert (Jessica Mata)
Administrative Professional:	Judy Recksiedler
Social Media:	Olena Yurchenko

Overview of Services

At Osborne Village Resource Centre (OVRC), we offer a comprehensive range of employment services designed to support the diverse needs of our community. Our services include:

- Resume Development
- Cover Letter Writing
- Career Counselling
- Pre-Employment Workshops
- Self-Directed Job Search Support
- Access to Nine Fully Equipped Computer Workstations

We recognize that every individual's employment journey is unique. That is why we provide flexible, client-centered services that allow participants to choose the supports that best align with their goals, needs, and circumstances. By empowering clients to direct their own employment journey, we help build confidence, independence, and the lifelong skills necessary for career resilience and long-term success.

OVRC is committed to fostering a safe, welcoming, inclusive, and interactive environment where individuals feel respected, supported, and encouraged. Through one-on-one appointments, group workshops, and independent job search activities, clients have opportunities to engage in meaningful dialogue, develop practical job search skills, overcome barriers, and explore new career possibilities.

Our collaborative approach strengthens the partnership between clients and staff, creating an environment that promotes personal growth, builds self-confidence, and helps individuals realize their full potential as they pursue meaningful employment.

Core Services

One of the greatest advantages of accessing services at OVRC is the flexibility and choice available to every client. Whether an individual is, unemployed, underemployed, or exploring career change, OVRC services are open and accessible to all.

We recognize that no two employment journeys are the same. Our client-centered approach allows individuals to select the services that best meet their unique needs, goals, and circumstances.

Our staff are committed to providing the guidance, tools, and resources necessary for clients to develop the skills and confidence to achieve meaningful employment.



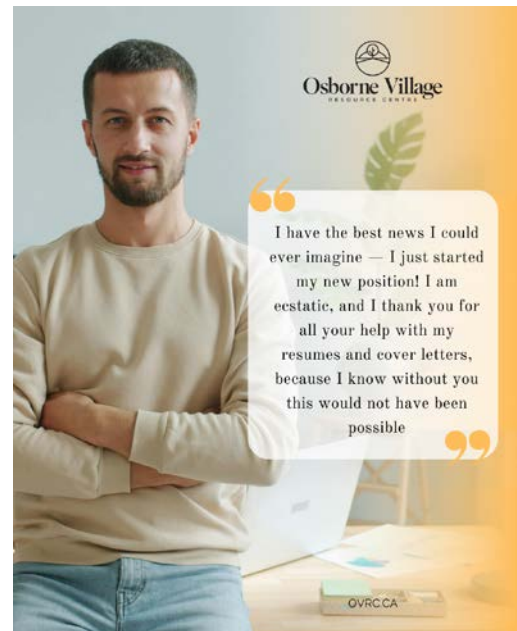
Resumes / Cover Letters

At Osborne Village Resource Centre, we work with clients to develop responsive, skills-focused resumes that effectively showcase the experience, accomplishments and personal attributes they bring to the workplace. Our approach ensures that resumes speak the language employers understand—emphasizing relevance, clarity, and impact.

A key part of the process is helping clients identify and articulate their personal brand. Through guided discussions, clients learn how to highlight the unique strengths, transferable skills, and qualities that distinguish them from other candidates. This personalized branding helps create a memorable first impression and positions clients to be strong contenders in today's competitive job market.

In addition to resume development, we guide clients in creating targeted, persuasive cover letters that reflect both the employer's needs and the client's authentic voice. These customized cover letters demonstrate professionalism, enthusiasm and a general interest in the opportunity while highlighting the qualifications and accomplishments most relevant to the position.

Our goal is to assist clients in presenting themselves with confidence and credibility throughout the job search process/ By combining an effective resume with a well-crafted cover letter, clients are better equipped to capture employer attention, communicate their value, and secure interview opportunities.



Whether you are entering the workforce, changing careers, returning to employment, or seeking advancement, OVRC provides the guidance and support needed to market your skills effectively and stand out to employers.

Our Impact

- On average, **420** clients per year secure meaningful employment after working with our employment facilitators on resume, cover letter development, interview skills, LinkedIn development and targeted job search strategies.
- In the **2025–2026** contact year, **429** clients successfully gained employment through OVRC's support.

Career Counselling

Unlock your full potential by partnering with one of our career counsellors to explore your unique values, skills, interests, experiences, and personality. Through self-discovery and guided career exploration, you will gain a deeper understanding of your strengths and how they connect to meaningful employment opportunities.

Our career counsellors will help you explore Manitoba's labour market, identify in-demand occupations, and research career paths that align with your goals and aspirations. Equipped with this knowledge, you will be better prepared to make informed decisions about your future and pursue career opportunities that are the right fit for you.

Together, we will develop a personalized SMART action plan that is:

- **Specific**
- **Measurable**
- **Attainable**
- **Realistic**
- **Timely**

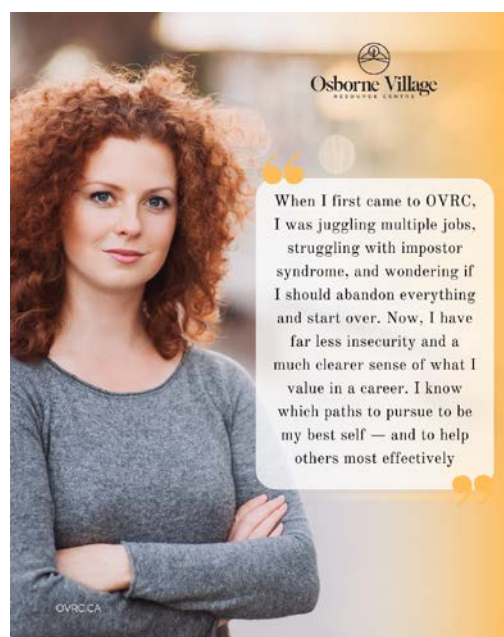
This action plan will provide a clear roadmap to help you achieve your employment and career goals.

Career counselling may be beneficial if you:

- Have discovered that your current skills and experience can transfer to a new occupation or industry.
- Want to remain in your current field but explore new responsibilities that better align with your strengths and interests.
- Are looking for a fresh start in a different organization, occupation, or sector.
- Are considering further education or retraining and would like information about available training opportunities and potential funding supports.
- Need guidance in identifying a career path that aligns with your values, abilities, and long-term goals.

Whether you are starting your career, changing directions, re-entering the workforce, or seeking new opportunities, our team is here to support you every step of the way.

Ready to discover your career best fit? Let OVRC help you turn your goals into a practical plan for success.



Value Added Services

2025 – 2026 Workshop Offerings

Personal Branding Workshop

"What do you do for a living?" is a common question, but it can be difficult to answer with confidence. If you are entering the workforce, re-entering the labour market, or considering a career change, talking about your professional goals can feel overwhelming. After all, "anything" is not a career goal.

A strong Personal Brand, sometimes called an elevator pitch, can help you clearly communicate who you are, what you have to offer, and where you want to go in your career. When people understand your skills, interests, and goals, they are better able to connect you with opportunities, introductions, and resources that support your job search.

Join us to learn how to create a short, compelling personal brand statement that:

- Highlights your strengths and skills
- Communicates your career goals with confidence
- Makes a positive and memorable first impression
- Helps expand your professional network
- Enables others to support your job search more effectively

Whether you are new to the job market, changing careers, or looking to sharpen your professional image, this workshop will help you develop a clear and confident message about who you are and where you want to go.



Labour Market Research Workshop

Are you feeling overwhelmed by your job search? Do the same job titles keep coming to mind, even though they don't excite you? Are you having trouble finding employers that are the right fit, getting interviews, or turning interviews into job offers?

Labour Market Research can help you gain clarity, uncover new possibilities, and approach your job search with confidence. In this session, you'll learn how to:

- Explore career options you may not have considered
- Identify industries and employers that are hiring
- Understand labour market trends
- Target your job search more effectively
- Increase your chances of securing interviews and job offers



Join us and discover how informed research can help you make smarter career decisions and achieve better job search results.

Career Conversations Workshop

Many people find jobs through personal and professional connections rather than online applications. But what if you're just starting out, changing careers, or don't know the people who can help you move forward?

A Career Conversation is a simple yet powerful networking tool. By connecting with professionals and seeking their advice, you can:

- Build meaningful industry relationships
- Expand your professional network
- Learn about career paths and workplace expectations
- Gain valuable insider knowledge
- Increase your confidence and visibility in your field



Join us to learn how to identify the right people, request a Career Conversation, ask effective questions, and turn conversations into lasting professional connections.

Career Exploration Kickstart Workshop

Is it time for a career change? Are you feeling uncertain about your next career move or unsure which direction is right for you?

The Career Exploration Kickstart Workshop is the perfect first step toward discovering a career path that aligns with your interests, strengths, and values. Through a series of guided activities, you'll gain a better understanding of what career satisfaction means to you and begin building a plan for your future.

In this workshop, you will:

- Identify your personal values and workplace preferences
- Explore your unique attributes, strengths, and transferable skills
- Reflect on past work, volunteer, and life experiences
- Learn how your experiences can connect to new career opportunities
- Develop strategies for researching occupations and career paths



Following the workshop, you will meet individually with your Career Counsellor for three personalized sessions. Together, you will use our self-exploration inventory to evaluate occupations that match your interests, strengths, and goals, while learning effective labour market research techniques to support informed career decisions.

Whether you're considering a career change, re-entering the workforce, or simply exploring your options, this workshop will help you gain clarity, confidence, and direction for your next career step.

Interview Basics Workshop

Are interviews standing between you and your next job opportunity? Whether you're new to interviewing, haven't had an interview in years, or simply want to improve your performance, this workshop will help you build the confidence and skills needed to succeed.

Learn how to navigate the interview process with greater confidence by understanding what employers are really looking for and how to communicate your qualifications effectively. You'll discover strategies for answering both traditional and behavioral interview questions while gaining insight into the unwritten rules that can make a strong impression.

In this workshop, you will learn how to:

- Understand the interview process from an employer's perspective
- Decode job postings to anticipate likely interview questions
- Develop effective responses to standard and behavioral interview questions
- Highlight your skills, experience, and accomplishments with confidence
- Practice interview techniques in a supportive environment
- Receive constructive feedback to strengthen your performance

Through practical exercises and guided practice, you'll gain the tools and confidence to prepare for interviews, communicate your value, and increase your chances of landing the job.

Whether you're actively job searching or preparing for future opportunities, this workshop will help you approach interviews with greater confidence, preparation, and success.



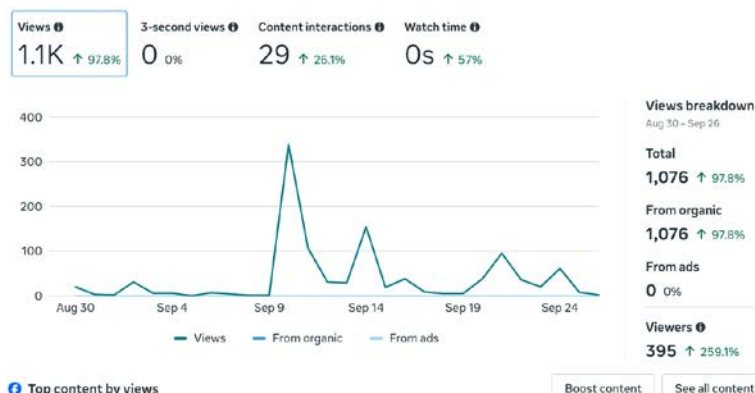
Working together.... For your success...



2025 – 2026 Social Media Channels' Performance

Facebook:

Over the past 28 days, Facebook generated 1.1K views, up 97.8%, with all 1,076 views coming organically. Content interactions increased 26.1%, while viewers rose 259.1% to 395 - strong growth achieved without paid promotion.



The Career Counsellor hiring post was our strongest Facebook content, generating 541 views. Client-focused career content and the Career Conversations workshop also performed well, showing that our audience responds strongly to timely opportunities and practical career support.

Moving forward, we will continue to prioritize timely opportunities, useful career guidance, workshops, and client-focused content to maintain and grow engagement.

Instagram:

Over the past 28 days, Instagram generated 1.6K views, up 117%, and reached 656 people - an increase of 496.4%. Content interactions rose 252% to 88, with all recorded views generated organically and no paid promotion.



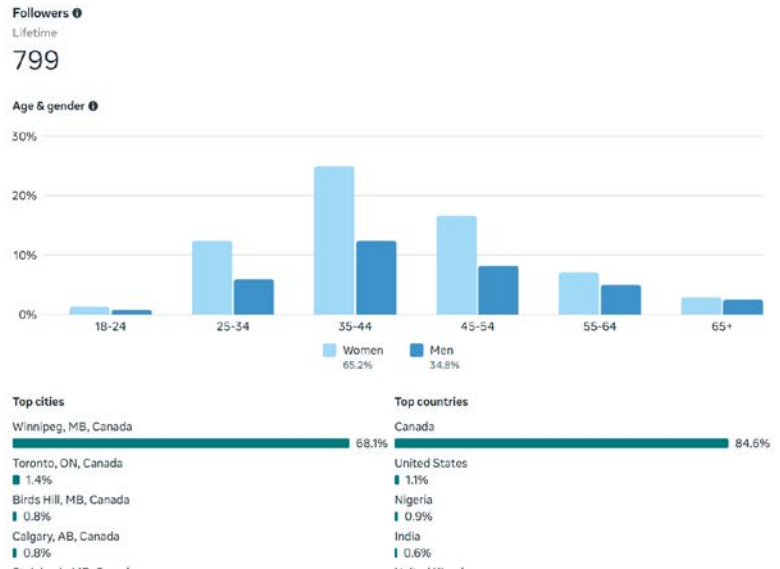
The Career Counsellor hiring post was our strongest Instagram content, generating approximately 1.1K views. Personal branding, workshops, career guidance, and OVRC's AGM content also attracted attention, showing that our audience values both immediate opportunities and practical career support. Our strategy will continue to focus on useful career content, timely opportunities, and engaging visuals that keep OVRC connected with job seekers.

Audience Demographics Overview

Across Facebook and Instagram, women represent 65.2% of our audience and men 34.8%, with 35-44 remaining the largest age group. Our audience is strongly local: 68.1% of followers are based in Winnipeg, and 84.6% are in Canada.

Our followers continue to respond well to practical career information and engaging visuals. Hiring opportunities, workshops, career guidance, personal branding, and client-focused content are among the topics attracting the strongest attention.

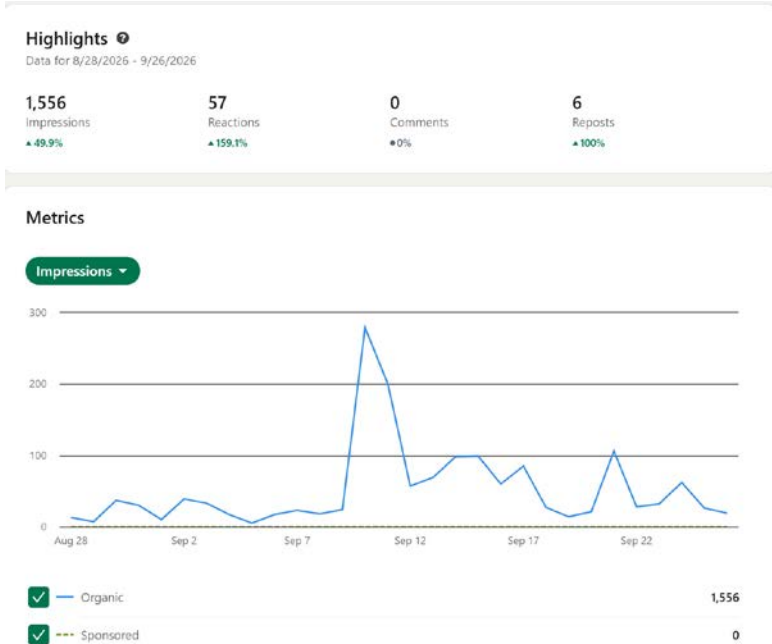
The results show encouraging organic growth across both platforms, particularly in views, reach, and interactions. Continuing to provide timely, useful content with a consistent visual presence will help OVRC strengthen engagement and remain visible to job seekers in our community.



LinkedIn:

This year marked a fresh start for OVRC on LinkedIn. We relaunched our LinkedIn presence and have grown the page to approximately 150 followers, all gained organically. This provides a strong foundation for rebuilding our professional community and expanding OVRC's visibility.

Over the past 30 days (August 28–September 26, 2026), OVRC's LinkedIn content generated 1,556 impressions, an increase of 49.9% compared with the previous period. Reactions increased by 159.1% to 57, while reposts doubled to 6. All impressions shown for this period were organic, with no sponsored activity.



These results show strong momentum on LinkedIn, with both visibility and audience response growing substantially. The increase in reactions and reposts indicates that our content is not only being seen more often, but is also encouraging more people to engage with and share it.

Audience Demographics Overview:

Visitor demographics show that OVRC's LinkedIn page reaches people across a broad range of professional functions. Engineering represents the largest group of visitors at 18.4%, followed by Community and Social Services at 11.7%. Human Resources and Customer Success and Support each account for 9.7%, with additional visitors working in Healthcare Services, Business Development, Media and Communication, Information Technology, Marketing, and Administrative roles.

Visitor demographics

Job function

Engineering - 19 (18.4%)

Community and Social Services - 12 (11.7%)

Human Resources - 10 (9.7%)

Customer Success and Support - 10 (9.7%)

Healthcare Services - 6 (5.8%)

Business Development - 6 (5.8%)

Media and Communication - 4 (3.9%)

Information Technology - 3 (2.9%)

Marketing - 3 (2.9%)

Administrative - 3 (2.9%)

This mix demonstrates that OVRC's LinkedIn presence is reaching professionals from diverse sectors, including audiences closely connected to employment, community services, human resources, and career development.

Moving forward, we will continue using LinkedIn to share practical career information, employment opportunities, workshops, and OVRC updates while building on the strong organic growth in visibility and engagement seen this year.



2025 – 2026 Message from the Executive Director

OVRC is committed to providing high-quality pre-employment and career counselling services to every client who walks through our doors. Our dedication to exceptional client service begins with the very first phone call, where we take the time to understand each client's unique needs, goals, and circumstances. By carefully assessing their situation, we connect them with the services and supports that will provide the best opportunity for success.

As clients progress through their employment journey, we remain responsive to their changing needs by adapting our service delivery and providing ongoing support. We encourage participation in workshops, and additional services offered by our team to ensure clients have access to the tools, knowledge, and resources needed to achieve their goals. Our client-centered approach focuses on empowering individuals to build confidence, develop skills, and move toward meaningful employment.

When a client's needs can be better met through another program or organization, we provide guidance and referrals to the community partners best suited to support them. Whenever possible, we facilitate warm handoffs to ensure a smooth and seamless transition, reducing barriers and helping clients connect quickly with the services they need. At OVRC, our goal is to ensure every client receives the right support at the right time, whether through our programs or through trusted community partnerships.

During the contract year, OVRC registered 711 clients, falling just 24 clients short of our funder target of 735. This marked the first time OVRC did not achieve its registration goal. The shortfall was primarily due to reduced appointment availability while onboarding and training a new Career Counsellor and an Employment Facilitator who was hired to provide coverage for a staff member on leave.

Despite this challenge, OVRC successfully exceeded its employment outcome target. Our funder goal was 420 clients securing meaningful employment, and we achieved 425 employment outcomes by year-end. In addition, 73 clients pursued further education, and 67 clients were referred to other agencies whose programs and services were better aligned with their specific needs. These referrals reflect our commitment to ensuring clients receive the most appropriate supports, regardless of the service provider.

Combined, these outcomes resulted in 565 positive client outcomes during the contract year. This represents 78% of the funded outcome target of 720 clients and demonstrates OVRC's continued commitment to helping individuals achieve meaningful employment, pursue educational opportunities, and connect with the resources best suited to their goals.

In response to emerging workforce trends, OVRC will be launching a new Artificial Intelligence (AI) workshop in November. We have identified a growing need to educate clients on the effective and responsible use of AI tools to enhance their job search, career planning, and overall employment success.

While many clients are already using AI, we have observed that some are relying on it in ways that can negatively impact their employment prospects, such as submitting generic application materials or misrepresenting their skills and experience. This workshop will provide practical guidance on how to use AI appropriately, ethically, and strategically to strengthen resumes, prepare for interviews, research employers, and support career development. By helping clients understand both the opportunities and limitations of AI, OVRC aims to equip them with valuable skills that will increase their confidence, competitiveness, and likelihood of success in today's evolving labour market.

In closing, I would like to extend my sincere thanks to our Project Officer, Colette Hogue, for your ongoing support and partnership throughout the year. The work you do is instrumental in ensuring that OVRC receives the funding necessary to provide high-quality services and supports to the individuals we serve. Your guidance and commitment are greatly appreciated and contribute significantly to our success.

I would also like to recognize and thank the members of the OVRC Board of Directors for their dedication and volunteer service. Your knowledge, expertise, and commitment to effective governance play a vital role in keeping OVRC strong, accountable, and focused on its future. The guidance you provide helps ensure that our organization continues to meet the evolving needs of our clients and community.

Finally, I would like to express my personal appreciation for the collaborative relationships we share. I genuinely value our meetings, discussions, and the collective commitment to helping individuals achieve meaningful employment and greater independence. Together, we are making a positive difference in the lives of those we serve, and I look forward to continuing this important work in the year ahead.

Keith Robinson
Executive Director

2025 – 2026 Message from the Chair, Board of Directors

It is an honour to reflect on another year of the Osborne Village Resource Centre and the important role the organization continues to play in our community.

At OVRC, we know that meaningful employment is about much more than finding a job. It is about creating stability, building confidence, opening doors, and giving people the opportunity to move forward. Every day, the team works alongside individuals who are navigating change, uncertainty, and new opportunities, and the impact of that work extends far beyond the services OVRC provides.

This past year has once again demonstrated the strength, resilience, and dedication of our organization. We have continued to adapt to changing circumstances while remaining focused on what matters most — the people who come through our doors and trust OVRC to support them on their employment journey.

This work is not the achievement of any one individual. It is the collective effort of a dedicated team, supported by strong leadership, committed volunteers, community partners, funders, and supporters. As Board Chair, I have had the privilege of seeing firsthand the professionalism, compassion, and determination that the staff brings to their work every day. They are at the heart of everything OVRC accomplishes, and the Board is deeply grateful for their commitment to the community.

At the same time, the world of work is changing rapidly. Artificial intelligence and emerging technologies are already transforming how employers recruit, how work is performed, and what skills are valued in the workplace. For employment service organizations like OVRC, this presents both a challenge and an opportunity.

Our role will increasingly be not only to help people find employment today, but also to help them prepare for the workplace of tomorrow. Digital literacy, adaptability, continuous learning, and the ability to work alongside new technologies will become increasingly important. We have an opportunity to help people approach these changes with confidence, while ensuring that technology remains a tool that expands opportunity rather than creates new barriers.

Looking ahead, OVRC will continue to evolve with the needs of our community and the changing labour market. We will remain committed to innovation, collaboration, and providing people with the guidance, resources, and support they need to build meaningful and sustainable careers.

I would also like to recognize our partners and supporters. Strong community organizations do not succeed in isolation. The relationships we build and the partnerships we maintain allow us to respond to changing needs and strengthen the support available to those seeking employment.

On behalf of the Board of Directors, I extend my sincere appreciation to our staff, leadership, volunteers, partners, funders, and, most importantly, our clients. Thank you for your trust, your dedication, and your continued belief in the work of OVRC.

It is a privilege to serve as Board Chair of an organization that makes such a meaningful difference in our community. I am proud of what we continue to build together and optimistic about the opportunities ahead.

Sincerely,

Yelena Petrukhina

Board Chair

Osborne Village Resource Centre

2025 – 2026 Board of Directors

Chairperson

Yelena Petrukhina

Treasurer

Lisbeth Aragones - Finance Committee

Co Treasurer

Allison Robertson – Finance Committee

Secretary

Leonardo Beristain Ortiz

Other Members:

Larysa Motruk - HR & Governance Committee

Matthew R Carvell - HR & Governance Committee

Raghu Rajendran - HR Committee

Adriano Magnifico - Governance Committee

John Helliard – Governance Committee

2025 – 2026 Financials



Total Staff Costs includes: Staff Salaries, CPP, EI & Income Tax, and Worker's Compensation Board

Rent Costs includes: Rent, Hydro, Telephone, Internet, Cleaning, and Alarm.

Other Costs includes: Building / Liability Insurance, Board Insurance, Banking / Interest, Accounting, Payroll Administration, Computer Service & Repair, Staff Development and Building Maintenance

Budget Notes: OVRC approved budget was \$450,478.

Success by Numbers

The OVRC team is comprised of three dedicated Employment Facilitators and two experienced Career Counsellors, plays a vital role in helping individuals achieve meaningful and sustainable employment.

Through personalized one-on-one support and engaging group workshops, the team delivers a wide range of pre-employment and career development services tailored to each client's unique goals and circumstances. These services equip individuals with the skills, confidence, and direction they need to successfully navigate today's labour market.

The demand for OVRC's services continues to grow, with current wait times extending to approximately three weeks for pre-employment services and eight weeks for career counselling. These wait times reflect both the increasing need for employment support and the high level of trust the community places in OVRC's programs and expertise.

Whether assisting clients with resume development, interview preparation, career exploration, job search strategies, or significant career transitions, the team is committed to providing individualized guidance and practical tools that empower people to move forward with confidence.

This sustained demand underscores OVRC's essential role in creating pathways to employment, fostering economic participation, and strengthening the overall well-being of our community. By helping individuals achieve their employment goals, OVRC continues to make a meaningful and lasting impact on the lives of those it serves.

Highlight of Services 2025 – 2026

2836

- Services to the community (includes all appointments, workshops and self-directed clients engaged in independent job search

1032

- One-on-One Resume and/or Cover Letter Appointments were provided by three Employment Facilitators.

862

- Career Counselling Appointments were provided by two Career Counsellors.

489

- Clients participated in OVRC's Pre--Employment Services/Workshops.

222

- Interview Skills Appointments (Both one on one and in Workshops)

231

- Other Services (Informational Interviews/LinkedIn/Online Applications)

429

- Clients secured meaningful employment in 2024-2025.

2025 – 2026 Client Feedback

Good Morning Brian,

Thank you for being so patient with me, I sincerely apologize for the time it has taken me to respond to your request. Please do not read this as a lack of enthusiasm for the endorsement to follow.

I can't express to you adequately how much you have done for my confidence. Just how integral you have been in restoring the faith I have in myself. Not only when it comes to my marketability as a potential employee. But simply as a human.

Your approach to our conversations has done so much for me it's difficult to put into a concise message. Without simply rambling on a laundry list of the myriad amazing qualities you possess. The effort you went to, both, to put me at ease with the meetings, while also showing me just how helpful you could be, and invested you are in my future was exemplary to say the least. The best part of it all is it seemed as though it is something that is natural to you. Simply who you are and not what you have been taught.

To put it cogently you were intricate to my becoming both hopeful and excited about searching for employment again. To feel like a real human being again. Something I certainly lost sight of during the time I had been searching for employment before meeting you.

You're a beautiful human being. I'm grateful that I had the good fortune to meet you and that you were there to help me during what was certainly one of the darkest chapters of my life. I feel like I've turned a corner. The world seems a little brighter now and I feel like I'm well on the road to the success I now remember I am destined for.

Thank you for being the wonderful person you are and have a spectacular day,

Good Morning All,

I hope you're having a great week so far. I'm reaching out to give you the good news that I was able to secure a job as an HR Generalist through my network. Even though I didn't get a job through the "normal" process of applying, interviewing and getting an offer, the resume and cover letter I worked on with Betty and Lisa, made a huge difference in me actually getting interviews. Using those two powerful documents, allowed me to go through a couple of interviews for different roles, which was not happening before the resume and cover letter revamp.

Betty and Lisa, you're so amazing at what you do. Lisa with making me realize all the things I have done and just didn't know how to put together on a resume; Betty with her cover letter whisperer abilities just continued to wow me on our sessions. The way you elevate someone's experience, is astounding, not only work experience, but life experience. You're both truly remarkable at what you do.

Keith, thank you for the support throughout this process and for guiding me toward these two great humans. My family and I are beyond grateful to you all.

Also, please pass my thanks to Jessica for her continued support by sending me roles via LinkedIn. Every little bit helped.

Thank you all!

I got a job as a Financial Officer. I start on Tuesday. I would like to thank you for all you do and I would especially like to thank Lisa E. for helping me write a “killer” cover letter.

I hope you're doing well! I'm very happy to share that I've been accepted for the full-time Membership Coordinator position at Rady JCC and will be starting on May 1st — woohoo! A huge thank you for your guidance and support throughout this process. Have a great day! Warm regards,

I am happy to tell you that I already found a line cook position at Stella's and even managed to answer some difficult interview questions. I start on the 18th and so I need to cancel my appointment. I want to thank you for the advice you gave me. My resume looks a hundred times better than what I did and it got me an interview. I have been looking for quite a while and was not expecting to get a call so soon! I would not have gotten the job if you did not spend some time with me on how to focus on the positive aspects of my answers – especially about why I left my last job the one about what are my weaknesses.

My experience with the Career Services at the Osborne Village Resource Centre was incredibly positive and enlightening. Through their services, I gained insights into my own strengths and skills, learning not only what I excel at but also why I enjoyed certain aspects of my previous roles. The process helped me uncover recurring themes in my work and personal life, allowing me to better understand how my unique personality traits can be transferred to new job opportunities.

The services were both encouraging and therapeutic, providing an environment where I felt comfortable exploring my values and career options. Ahniko, my career counsellor, demonstrated exceptional kindness and expertise, always recognizing my strengths and helping me piece together the various skills and interests I possess. She introduced me to career possibilities I had not considered before and guided me in focusing my efforts toward meaningful career paths. Overall, I found my career counselling sessions extremely valuable and am grateful to have such an incredible resource available to us in Winnipeg.

My experience with you and your wonderful staff has been the best and most uplifting I have ever had. Normally when I am out of work and job hunting, I feel a little negative about my situation and am usually pretty hard on myself. Often that has led me to applying for anything and everything I see posted, which leads me to taking whatever comes along.

My Career Exploration exercises with Ahniko really helped me look at my valuable attributes and focus on them with a positive attitude. This allowed me to focus on my abilities than to be distracted with negativity. Going over the homework and discussing my answers really helped boost my spirits and my ego. I was applying for better job opportunities based on my skills and know-how rather than using the shotgun approach to any and every job out there.

The Skills Focused Resume that Catherine worked on with me was heaps better than my stale old resume I have been using since college almost 30 years ago. The idea of tailoring my resume slightly different for each job opportunity seemed like a lot of work, but I could see the value in that and it focused my efforts.

Other help that I received was when a good interview was concluded and I was left in the dark wondering what is taking so long, both Ahniko and Catherine were good people to ask advice on next steps. In the old days, I would have given up on that job and moved on to trying for the next. The advice I received about "Thank You" letters and "Follow Up" phone calls helped keep me on that company's radar and eventually led to them offering me my current position.

In conversation with my new boss, he told me that they really had to fight for me with their HR people. My follow up letters and emails helped them prevail. For a time they thought I have found another job, but my repeated correspondence showed them that I was not only available but also persistent. This helped them and me win over the HR people in another province.

I would not have had the confidence in myself without the guidance of your friendly staff. I am telling all my friends about your centre and telling them if they ever need to find a job, that they need pay you a visit. If only I knew about your office long ago, my resume might be a little shorter and less chaotic. Thank you all so very much!

Hi Jessica, I want to sincerely thank you for walking with me through this career exploration journey. It has been a truly valuable experience, and I could clearly feel your professionalism, patience, empathy, and genuine passion for helping others. Your guidance made me feel supported and encouraged throughout the process.

For me, the meetings were not only career planning sessions but also felt a bit like mindful therapy. When I first came in, I was feeling overwhelmed after my job loss and uncertain about my next direction. Our conversations helped me organize my thoughts, feel more grounded, and confirm the path I had already started to consider for myself.

I also really enjoyed the card exercises, which guided me step by step in identifying my core values, interests, and the kind of work environment I want. It felt like peeling back layers and gaining clarity in a gradual and meaningful way.

The resources you shared, Job Bank Labour Market Information, UM Explore Occupations, the Engineering Institute of Canada, and TypeFocus are all very helpful and informative. I especially appreciate the Career Conversation booklet. Before our last meeting, I didn't really believe that people would actually be open to coffee chats with strangers, but after hearing your explanations and your own experiences, I now feel that it's possible and something I am willing to try.

Overall, I am very grateful for your support. The sessions gave me not just practical tools but also confidence and reassurance as I move forward. Thank you again for your professionalism and kindness, and I will definitely keep you updated on any response from RRC regarding my application. Wishing you a wonderful weekend

I am super excited to tell you that I just heard back from the woman I interviewed with at the Ophthalmologist office. She welcomed me to be a part of her team. I accepted the position with enthusiasm, "Yes please!" I think that you are just so wonderful. I appreciate you very much! Have a great weekend!

This is definitely all of you!! Thank you so much for all of your help-particularly Lisa & Betty. Also, Judy & Keith and all of your staff & friendly encouraging advice & awesome smiles or jokes. I landed an awesome MB. Government job after years of searching or "short-term" or not suitable jobs. This new position is a "dream come true", so I thank you all from the bottom of my heart! I definitely promote & mention to my friends about O.V.R.C.! Thanks again

Hello Lisa Unlike my last job search, this time I applied only to roles and companies that mostly fit or exceeded my previous experience, I deemed that I would be overqualified for most Admin Assistance positions so decided to be more targeted and ambitious. In the last month I applied to 15 jobs, I had 2 interviews with different employers and one of those employers offered me the role (pending background check).

The position is Assistant Business Services Administrator at Colliers Project Leaders, they offered me 54k a year with benefits which is honestly a fantastic increase compared to my previous role

I am so grateful for the support I received from both Jessica and Betty. I felt so overwhelmed at the time of my first meeting with Jessica, and it made all the difference in the world to meet with someone who I always felt was cheering for me and in my corner throughout the whole job search process. The four meetings I had with Jessica, and consistent emails afterwards checking about my job search progress, made me feel so supported and encouraged during a challenging time. I also learned so much from the reflection booklet, direct guidance, expertise, and many resources that were shared, including the extremely helpful interview workshop and interview prep session with Betty. The process that OVRC facilitated allowed me to think beyond what I initially thought might be possible. I will always hold onto my OVRC booklet as a reminder of what I'm looking for in a job position, and as a reminder of the genuine care and wisdom that I am lucky to have received at OVRC. Thank you so much to Jessica and Betty, and to everyone else who makes this centre what it is! I will continue to recommend OVRC to anyone with questions about their vocation.

Hello Kate,

I would like to thank you for your time, effort, and willingness to help me finding a career that fits my personality and matches my skills.

Please see my feedback about the Osborne Village Resource Centre below:

I had an excellent experience with Osborne Village Resource Centre's employment services. I met with Kate for four career counselling sessions, and the guidance I received was thoughtful, practical, and personalized. The career assessment gave me valuable insight into my strengths and helped me better understand myself.

The team at Osborne Village Resource Centre does truly incredible work. They generously give their time, knowledge, and expertise to help people build better futures, and the impact they make is tremendous. I am deeply grateful for their support and would highly recommend their employment services to anyone looking for career direction or a fresh start. Thank you.

I wanted to submit my feedback regarding my experience at OVRC. Overall, it was a very positive experience for me.

When I first called for information, Lisa was incredibly helpful and even got me into an interview preparation workshop at the last minute. The workshop was amazing; I learned so much from Betty. She kept us engaged throughout, and her sense of humour made the experience both enjoyable and memorable.

My one-on-one session also helped me feel much more confident and prepared for the interviews I had lined up last week, and that confidence helped me secure a role that I was really excited about.

You were wonderful as well, Keith. You were always friendly, welcoming, and supportive. I would definitely recommend OVRC to any friends or family looking to improve their interviewing skills or receive employment support.

I would also love to stay involved with OVRC in the future, whether through volunteering or by attending another workshop that Betty hosts. I would feel very fortunate to have the opportunity to learn from her again. Thank you for all of your support from the staff at OVRC.